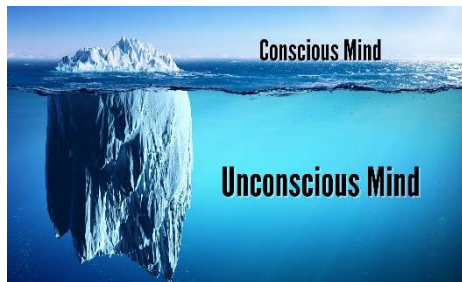


# ***Working Creatively with Adults Attending Therapy***

## ***Connecting with the Unconscious***



**Friday 5<sup>th</sup> December 2025**

This face-to-face training has been developed for counsellors & therapist who want to work with adults creatively enabling a deeper level of exploration & understanding.

The training will enable professionals to feel confident in integrating creative media to enable working at relational depth.

The training will be informative, therapeutic and interactive!

### **Creative therapy when delivered appropriately will:**

- Allow the client to communicate thoughts and feelings that they find difficult to put into words
- Provide an opportunity for the client to express themselves non-verbally and without words
- Support them to talk about difficult feelings or complicated experiences
- Support the client to make sense of things and understand themselves better
- Give the client a safe time and creative non-judgemental space
- Provide the client with new ways to look at problems or difficult situations

**Training facilitators:** Martin Chester & David Archard are both qualified and experienced counsellors and members of BACP. They aim to provide a positive supportive learning environment whilst honouring the participants individual learning styles. Martin works with children & teenagers and David works with young adults and adults of all ages.

**Date:** 5<sup>th</sup> December 2025

**Timing:** 10am to 3.30pm

**Cost:** £75 (including tea, coffee and snacks)

**CPD Certificated Training:** 5.5 hours

**Booking:** To reserve a place on this training please fill in the booking form below.

### **Therapeutic Creative Solutions**

C/O LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL

Martin Chester: Telephone: 07710 763100 E-mail: [psychodynamic@hotmail.co.uk](mailto:psychodynamic@hotmail.co.uk)

David Archard: Telephone 07557 746745 E-Mail: [archard7.2@outlook.com](mailto:archard7.2@outlook.com)



# ***Working Creatively with Adults Attending Therapy***

## ***Connecting with the Unconscious***

### **Booking Form**

To secure your place on this training. Please fill in the form below and send the booking form by email or post.

#### **Choose a payment option and make a payment by bank transfer (BACS):**

- ☐ I have paid £25 deposit by bank transfer & balance of £50 will be paid by 28/11/25
- ☐ I have paid £75.00 by bank transfer
- ☐ Invoice needed to activate payment

#### **David Archard - Monzo Account**

Sort Code: 04-00-03

Acct: 88125549 (Please use your initials as the payment reference)

NB. The £25 deposit once paid to reserve a place is non-refundable, unless the training is cancelled due to unforeseen circumstances.

Candidate's Name: .....

Contact Telephone: .....

Contact Email: .....

Organisation/Role: .....

Counselling/Professional Qualification & Year:.....

Any Additional Requirements:.....

***Please email the completed booking form to David Archard at  
[Archard7.2@outlook.com](mailto:Archard7.2@outlook.com)***

*All personal details & information supplied on this form will be deleted appropriately by digital deletion and/or double cross shredding, within thirty days of completing the training and the information will not be used for any other purpose.*

#### **Therapeutic Creative Solutions**

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