

Working with Sexual Abuse & Trauma

**Specialist 4 Day Course in 2021
For Qualified Counsellors &
Other Health Care Professionals**

LIFE-FORCE Certificate Issued – 16 hours of CPD

This CPD training programme aims to provide qualified counsellors and other Health Care Professionals with expert knowledge and understanding, effective skills and a range of therapeutic techniques to work with this particular vulnerable client group. The emphasis of the training is to enhance clinical practice rather than to promote self-development.

Programme Overview

- ◆ Assessment and exploration of the impact of sexual violence
- ◆ Understanding the law in relation to sexual abuse
- ◆ How to identify different types of sexual abuse, assault and violence
- ◆ Exploring how the perpetrator's behaviour affects the abused client
- ◆ Deeper exploration of the more chronic effects of sexual violence
- ◆ Developing therapeutic strategies to work with related trauma
- ◆ The implications of the criminal justice system
- ◆ Managing disclosure, client consent and contact with relevant agencies
- ◆ Working with male survivors

VENUE: LIFE-FORCE - Rainbow Room

DAYS: Four Mondays

DATES: 10th & 17th May & 7th & 14th Jun 2021

TIME: 10am – 3pm

COST: £330 per person

Course Leader: Lisa Britton

Course Assistant: Angela Brooke

Minimum of 90% attendance is required to obtain the course certificate

Minimum of 10 participants - Maximum of 14 participants

LIFE-FORCE, 3 East Hill, Colchester, CO1 2QL.

Phone number: 01206 791661

Tutor Biographies

Course Leader

LISA BRITTON Registered Member MBACP (Accredited)

Dip. Psychodynamic Counselling, Cert. Integrative Supervision, Post Grad Cert. Therapeutic Communication with Children, Dip. Play Therapy

Lisa qualified as a Psychodynamic Counsellor in 1999, and later as a Play Therapist. She is part of the LIFE-FORCE team and also has her own private practice where she works with both adults and young people. Since first qualifying she has gained considerable experience working in various statutory and voluntary settings, providing therapy for children and adults affected by sexual violence. Furthermore she has developed significant expertise in the fields of mental health and trauma recovery. Lisa also has many years' experience of both developing and delivering CPD training and has provided specialist training in sexual violence to many organisational settings.

Course Assistant

ANGELA BROOKE Registered Member MBACP

Dip. Integrative Counselling

Angela qualified as an Integrative Counsellor at LIFE-FORCE in 2013. She is part of the LIFE-FORCE team and has her own private practice where she works with a wide range of clients. Angela has considerable experience of working with clients who have suffered sexual abuse. She has also trained in working creatively with young adults which she finds invaluable, especially in her work with clients who find talking therapy difficult. Angela's Integrative approach is Person-Centered and Humanistic at its core but incorporates Psychodynamic and Gestalt approaches.

Booking Form

Name of Applicant: _____ Date: _____

Address: _____

Mobile Number: _____ Email Address: _____

In applying for Working with Sexual Abuse & Trauma Course 2021, I confirm the following:

1. I have enclosed a £80 booking fee to reserve my place, which I understand is non-refundable and non-transferable, unless the course is cancelled. Please make cheques payable to LIFE-FORCE.
2. I have enclosed a post-dated cheque of £250, which is dated two weeks prior to the start of the course. I understand that once this date has passed this fee is non-refundable and non-transferable, unless the course is cancelled. ***Please contact us if you would like to pay by BACS.***
3. I am a qualified counsellor / HCP, please specify _____
4. I also confirm that I wish to attend the course to broaden my skills and knowledge base and gain CPD training hours.
5. I have read the course programme and confirm that this is suitable for my current level of professional practice.
6. I understand that I need to attend a minimum of 90% of the course in order to obtain the LIFE-FORCE Working with Sexual Abuse & Trauma Certificate of Attendance.
7. I will aim to participate fully during training days, including experiential exercises and role plays, in a professional and ethical manner.
8. I give consent for my personal details provided above to be solely used to process my application and attendance on the course, and to be safely stored by LIFE-FORCE in a locked cupboard for a period of 3 years, after which they will be destroyed by shredding.
9. **I do / do not** (please circle) give my written consent for my details to be added to the LIFE-FORCE marketing email list for the sole purpose of receiving further training information in the future. I understand I can opt in/out at any time by emailing the Office.

Signed _____ Print Name _____ Date _____