

# ***Working Creatively with Trauma***

## ***Teenagers & Adults***



**Friday 18<sup>th</sup> March 2022**

**9.30am to 3.30pm**

This informative & creative training has been developed for counsellors and therapist working with clients who have experienced trauma in their lives and are ready to work therapeutically.

The training will enable professionals to feel more confident in providing safe support for teenagers & adults using effective creative therapeutic interventions.

This training will be experiential, creative and informative.

### **We will cover and / or discuss:**

- ❖ Essential understanding of Trauma
- ❖ Assessing for Trauma – signs & symptoms
- ❖ Stabilising the Clients
- ❖ Clients Autonomy & Choice
- ❖ Creative Interventions for working with Trauma

**Facilitated By:** Martin Chester Registered MBACP (Accred)

**Martin** is a Psychodynamic Therapist, Clinical Supervisor and Health & Safety Officer for two organisations. Martin also specialises in working creatively with teenagers and adults who have additional needs, suffered trauma and/or have mental health issues.

**Cost:** £120.00 See below for payment information and booking

**Numbers:** This training is face-to-face and limited to 8 participants due to Covid-19

**Venue:** LIFE-FORCE Centre, 3 East Hill, Colchester, CO1 2QL

**Booking:** Limited numbers so early booking is essential.

### **Therapeutic Creative Solutions**

Martin Chester, Dip. Psychodynamic Counselling  
C/O LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL  
Telephone: 07710 763100 E-mail: [psychodynamic@hotmail.co.uk](mailto:psychodynamic@hotmail.co.uk)



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### **Booking Form**

**Date:** Friday 18<sup>th</sup> March 2022

**Time:** 9.30am – 3.30pm

**To reserve a place for this training see below.**

**Choose a payment option and make a payment by bank transfer to:**

A/C M J Chester  
HSBC  
Sort Code 40-18-04  
Account Number: 51521969  
(UTR 55930 50288)

**Please tick as applicable:**

- I have paid £30 deposit by bank transfer & will pay the balance of £90 by 16<sup>th</sup> March 2022
- I have paid the full amount of £120.00 by bank transfer
- Invoice needed to activate payment

Name.....

Telephone.....

Contact Email .....

Organisation / School.....

Job Role / Qualifications.....

Additional Needs.....

**Please send this completed application form to: [psychodynamic@hotmail.co.uk](mailto:psychodynamic@hotmail.co.uk)**

All personal details & information supplied on this form will be deleted appropriately by digital deletion, and/or double cross shredding, within thirty days of completing the training and the information not be used for any other purpose.

To maintain ethical boundaries this training is not open to Life-Force School Students.

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