

Stepping Back from the Brink

Suicide Management & Interventions

Working with Vulnerable Clients of all Ages

Friday 19th March 2021

10.00am to 3.00pm

This training has been developed for counsellors, therapist and professionals working with clients, pupils and service users who present as vulnerable with a risk of suicide.

The training will enable professionals to feel confident in providing safe support for adults & children in crisis with the aim of preventing further escalation by providing careful management and effective therapeutic interventions.

This training will be therapeutic, informative, and interactive!

We will cover and discuss:

- ❖ **Risk Profiling**
- ❖ **Assessing and Managing Risk**
- ❖ **Practical Interventions**
- ❖ **Short & Long-Term Interventions**
- ❖ **Staying in the Moment**
- ❖ **Reflective Practise**
- ❖ **Professional Self-Care**

Facilitated By: Martin Chester Registered MBACP (Accred)

Martin is a Psychodynamic Therapist and Clinical Supervisor and Health & Safety Officer for two organisations. He also specialises in working with adults, children and young people who have additional needs, suffered trauma and/or have mental health issues.

Cost: £85.00 The training is limited to 7 participants due to Covid-19

Venue: LIFE-FORCE Centre, 3 East Hill, Colchester, CO1 2QL

To Book: Please fill in the Booking Form below.

Therapeutic Creative Solutions

Martin Chester, Dip. Psychodynamic Counselling
C/O LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL
Telephone: 07710 763100 E-mail: psychodynamic@hotmail.co.uk



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Booking Form

Date: Friday 19th March 2021 10.00am – 3.00pm

Please reserve a place for this training (tick where applicable)

I enclose a cheque for a non-refundable deposit of £25
(Balance of £60 payable on the day)

I enclose the full amount of £85.00

Cheques made payable to Martin Chester

I have paid £85.00 by bank transfer to:
A/C M J Chester
HSBC, Sort Code 40-18-04
Account Number: 51521969
(UTR 55930 50288)

Invoice needed to activate payment

Name.....

Telephone.....

Contact Email

Organisation / School.....

Job Role / Qualifications.....

Additional needs.....

Please send the completed application form to:

psychodynamic@hotmail.co.uk or by post to M J Chester,
C/O LIFE- FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL

All personal details & information supplied on this form will be deleted appropriately by digital deletion, and/or double cross shredding, within thirty days of completing the training and the information not used for any other purpose.

To maintain ethical boundaries this training is not open to Life-Force School Students

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