

Supervision Training Course (48 Hrs)



Supervision Training Course
Certificate in Supervision

10th September 2012 to 10th December 2012

Twelve Mondays 10am to 2.30pm (not half term week)

Learning Aims

This supervision training aims to cover the elements needed to become an effective and confident supervisor within your own private practice or your organisation.

The training model will be educational, experiential and creative, based upon humanistic philosophy. It will be ideal for those of you who want to professionally supervise supervisees who work with adults, young people, couples and groups in short-term or long-term therapy.

"Experiential work is the heart of supervision"

The Course will include:

- The supervisory relationship
- The modality between counselling and supervision
- A clear model of supervision
- Practical application and feedback skills
- Contracts, evaluation, legal and ethical practice
- Supervising at all levels of the process
- The balance between participation and reflection
- Development of the 'internal supervisor'
- Working with different client groups
- Self disclosure, defences and resistances
- Supervision group skills

Entry Requirements:

- A Diploma in Counselling
- Post qualified for at least one year
- Achieved 300 hours face-to-face counselling

A Certificate in Supervision (48 hrs) will be awarded based on:

- Practical ongoing assessment including supervising supervisees
- Eight hours supervising supervisees
- One written assignment of 2000 words (supervision in action)
- Minimum of 80% attendance

Venue: The **LIFE-FORCE** Centre, Colchester, Essex

Cost: £550.00

For a booking form to secure your place please telephone or email

Therapeutic Creative Solutions
Martin Chester, Dip. Psychodynamic Counselling
The LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL
Telephone: 07710 763100 e-mail: psychodynamic@hotmail.co.uk