

A LIFE-FORCE Professional Training Course In SEXUALITY

How to Effectively Manage Sexuality Issues Within Counselling Practice

Advanced Training for Qualified Therapeutic Counsellors

3 Days of Certified CPD Training - 18 Hours

Facilitated By: Ari Badaines

Saturday 1st September – Monday 3rd September 2012

Times: Saturday 9.30am – 4.30pm

Sunday 9.30am – 4.30am

Monday 9.00am – 4.00pm

Fee: £250

Min participants: 8 - Max participants: 20

The course will provide participants with the following experience:

1. An enhanced awareness of own sexual history and experiences, and how these might influence client work.
2. Lectures incorporating information regarding what can be considered as both normal and non-conventional sexual development and behaviour, and the types of sexual difficulties that can develop e.g.: loss of sexual desire; premature ejaculation; pain; anxiety etc.
3. **In relation to individual and couple work - the ability to carry out the following:**
 - a) Assessment and diagnosis: Uncovering the history and nature of the sexual problem, determining how the identified problem affects the couple's/ client's relationship with themselves & their partner(s).
 - b) Treatment: Basic approaches to a variety of sexual difficulties.
 - c) Application: Naming, dealing and working with sexual issues within the therapeutic relationship. Ari will use role play to demonstrate working with sexual issues which arise within the context of counselling; participants will also be invited to bring their own client examples.
 - d) Referral: Knowing when to refer to a psychosexual counselling specialist.
4. **The course format will involve Ari facilitating the following:**
 - a) Presenting theory and relevant material.
 - b) Demonstrating techniques via role plays.
 - c) Experiential learning through working in pairs, trios and small group exercises.
 - d) Observer feedback and discussion.

Ari Badaines, Clinical Psychologist Ph.D.

Ari is well known for his innovative approach to group therapy and he has been working at LIFE-FORCE since 1994. He is now offering this new Sexuality Training Course which he has taught at various training centres in Australia where it has been well received. Inherent in his style of teaching is respect for the individual, including their boundaries and personal process. Ari has a dynamic and interesting style of presentation which is both clear and patient plus incorporates a welcome sense of playfulness and humour at appropriate times. Participants will have the opportunity to work within safe conditions and to develop key skills, which will enhance their therapeutic practise with both individuals and couples.

Booking Form

I confirm I am a Qualified/ Trainee Counsellor or Supervisor. I enclose a cheque of £100 deposit to reserve my place on the Sexuality Training Course, which I understand is non-refundable unless the course is cancelled. I also enclose a post-dated cheque (for 2 weeks before the course start date) for £150.

Name _____

Address _____

Post Code _____

Telephone _____

Email _____

Please make cheques payable to LIFE-FORCE

LIFE-FORCE, 3 East Hill, Colchester, CO1 2QL.

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