

A LIFE-FORCE Professional Training Day

Enhance Your Counselling Practice

Deepen and Broaden your Therapeutic Counselling Practice through
The Application of Gestalt and Psychodrama Techniques

On : Friday 31st August 2012

At : LIFE-FORCE

From : 11.30am- 6.00pm

Fee : £75

N.B. Discounted to £45 if also booking onto the Sexuality Training Course: 1st September – 3rd September 2012

5.5 hours of Certified CPD Training.

**A special opportunity to work with Ari by gaining
insight into his unique approach to therapeutic work.**

Minimum number of Participants: 8

Advanced Training for Qualified Therapeutic Counsellors

The training day will provide participants with the opportunity to:

- Provide a safe and confidential space to participants by offering genuine professional interest and support.
- Gain an increased awareness of client's projections and how to work with them to enhance the therapeutic power of the moment.
- Bring specific cases or problem situations requiring further supervision and consider utilising this potent approach to the counselling work.
- Role play own challenging client scenarios; or for observation purposes, have a group member play the client (auxiliary role), in order to gain potential solutions and enhance practice through live supervision.
- Seek guidance relevant to own individual work setting and client group.
- Work with Ari on personal issues either in relation to client work or own life.

Facilitated by Ari Badaines Clinical Psychologist Ph. D.

Ari, well known for his innovative approach to group therapy, has been working at LIFE-FORCE since 1994. He is now offering this new one day training course. Inherent in his style of teaching is respect for the individual, including their boundaries and personal process. Ari has a dynamic and interesting style of presentation which is both clear and effective, plus incorporates a welcome sense of playfulness and humour at appropriate times. Participants will have the opportunity to work within a safe condition and to develop key skills, which will enhance their therapeutic practice with both individuals and couples.

**Ari will apply and explain the use of his techniques during the day
for the benefit and learning of the group.**

I enclose a cheque of £75 payable to LIFE-FORCE which I understand is non-refundable (unless the course is cancelled) to book my place on the Enhance Your Counselling Practice Training Day

Name _____

Address _____

Post Code _____

Telephone _____ Email _____

LIFE-FORCE, 3 East Hill, Colchester, CO1 2QL. Telephone 01206 791661